

SHORT COURT DOUBLES - FORCED to play the front of the court. Here's a new drill to try.. Many new players understand that they need to get to the NVZ line or Zone C and they actually think they ARE there. But in reality.. NOT EVEN CLOSE. So let's FORCE them or at least make them 'TRY' to play there by shortening your court space.

THE GAME:

Shorten your court by using chalk, tape or some sort of marker by drawing a line 11' of the net or from the back line. This is the NEW end line. Serve from this line and play. Now you only have 4' of back court to work with from the kitchen line. You and your partner are now FORCED to play closer to the Kitchen line.

Make it more interesting by serving from the original end line and all shots after the 3rd shot short, MUST be within the NEWLY established boundaries. Try it out and play a short game to 7 or 9. A great drill to move you and your partner towards the NVZ line. This will also help you work on your dink game as well.

ENJOY and Practice, Practice, Practice.

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