

Using the Wind

Serving in the windy outdoor weather is always a challenge. Change it up with a high lob service to get some knuckleball action off the wind.

Use some targets such as chalk lines, boxes, or hoops placed about 24" of the opposite serving line. Keep your paddle low under the ball on the serve and "LIFT" the ball high into the air with a high lob to target. Watch the wind move the ball around.

This action is sometimes frustrating to hard hitters who have to wait for the ball to come down to attack. Many of these hard bangers who like to always drive the ball have higher tendencies to drive the ball into the net or harder out of bounds the length of the court.

Try drilling and placing the ball to various points along the baseline to your targets.

Challenge your opponent with this high lob as well as yourself with this placement drill.

Just note if the wind is strong it's going to be tricky to keep it in. Have fun with it and see the bangers get a little more frustrated on their returns.

©pickleballcpr